



Rebuilding the Return-to-Work Blueprint for the Modern Public Workforce

Innovative Strategies for Efficient
Workforce Integration



● Speaker Panel



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Agenda

- 1 Industry Trends
- 2 Current Challenges in the Workplace
- 3 Managing Lost Time through Different Employer Programs
- 4 Collaboration of Interventions
 - Employer
 - TPA/Managed Care Services
 - Medical Provider
- 5 Success Stories

2026 Industry Trends

Injury incidents continue to decline

3.1% decline in workplace injuries

4.0% decline in fatalities

Costs per claim are increasing

Claim complexity increasing

Wage replacement increasing

Public and private sector trends differ meaningfully

Higher risk occupations

Greater severity in injury types

Florida trends closely align with national patterns

Ranks in the middle nationally

Medical cost increasing with complexity and fee schedule



Coordinating Workers' Compensation, FMLA, ADA, and Leave Without Administrative Friction

Challenges of Overlapping Policies

Independent management of WC, FMLA, ADA, and leave policies causes mixed messages and duplicated documentation.

Centralized Coordination Model

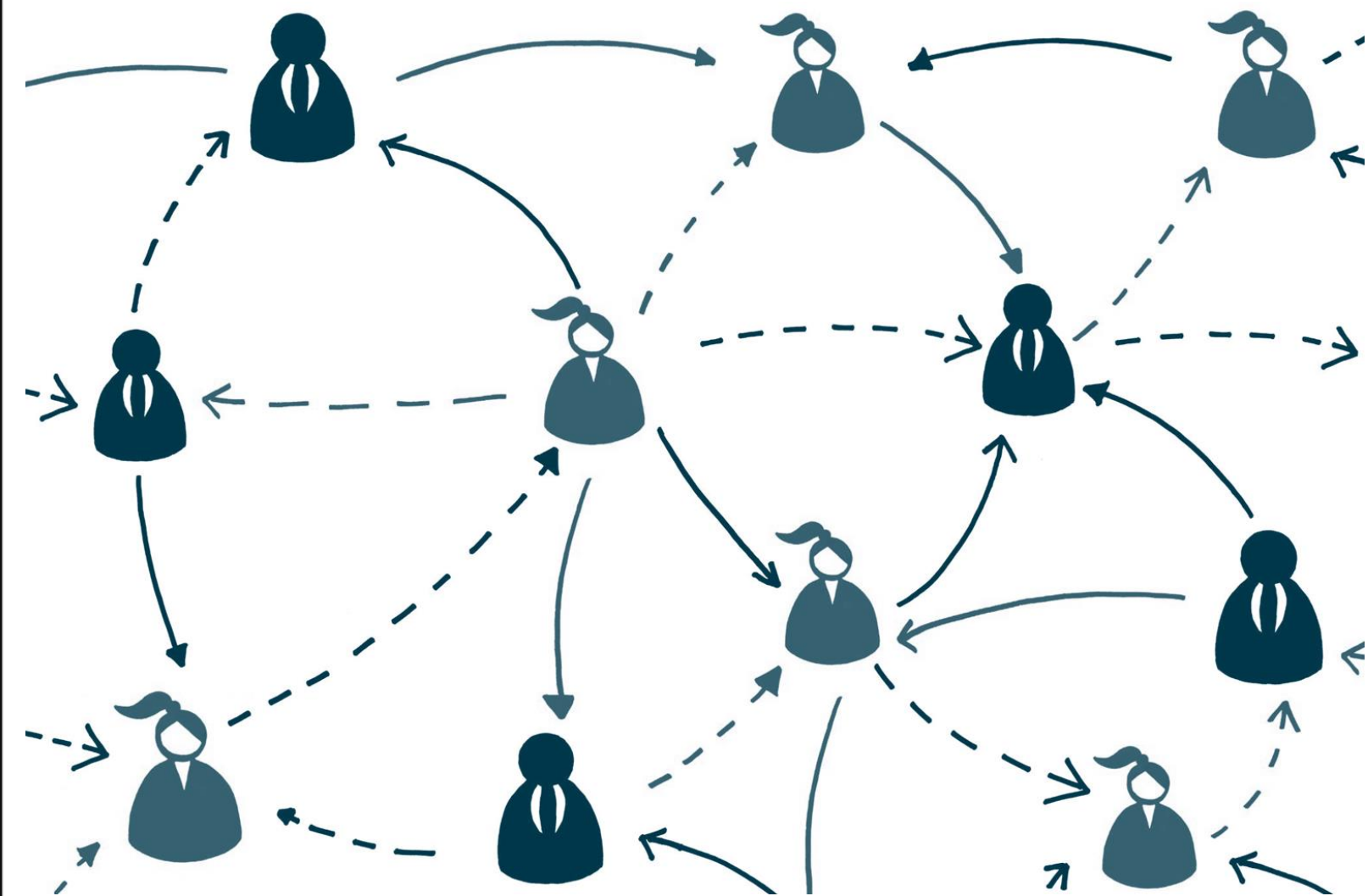
A unified strategy aligning claims management and leave administration reduces delays and confusion.

Early ADA Integration

Incorporating ADA early helps shift from simple return decisions to tailored accommodation discussions.

Benefits of Coordination

Coordinated efforts improve employee experience, speed return-to-work and reduce claim duration through clarity.



Why Traditional Return-to-Work Models Are Failing Today's Public Workforce

Misalignment with Modern Workforce

Traditional RTW models assume fixed roles and linear recovery, but today's workforce demands flexible, hybrid, and evolving job structures.

Fragmented Program Challenges

Separate administration of Workers' Compensation, FMLA, ADA, and leave policies causes delays and prolonged lost-time claims.

Public Sector Complexity

Union agreements and rigid job classifications add layers of complexity limiting RTW options in the public workforce.

Need for Outcomes-Driven Approach

Successful RTW programs require flexibility, early engagement, and focus on recovery, productivity, and employee engagement.



Early Interventions and Creative Job Design That Improve Outcomes

Early Proactive Contact

Successful return-to-work starts with proactive communication within 24 to 48 hours of injury or leave.

Creative Job Reassignment

Reassigning employees to tasks matching medical restrictions accelerates productivity and reduces costs.

Union Collaboration

Engaging union leadership to create approved light-duty task pools ensures fairness and increases utilization.

Meaningful Task Alignment

Aligning meaningful work with functional capacity supports recovery, dignity, and organizational goals.



Why Traditional Return-to-Work Models Are Failing Today's Public Workforce

Flexibility Across Roles

RTW programs must cover various job types and work settings including in-person, hybrid, and remote roles.

Pre-Approved Modified Duties

Pre-approving modified duty roles removes supervisory hesitation and reduces unnecessary work delays.

Continuous Engagement

Regular communication and clear expectations keep employees engaged throughout the RTW claim lifecycle.

Stakeholder Buy-In and Accountability

Securing buy-in from HR, operations, unions, and employees, with managers held accountable, ensures consistent program use.



Rebound Pro: Empowering Resilience, Restoring Careers

Program Objectives



Monitoring & Follow-Up

Assessment & Individualized Plans

Psychological & Social Support

Job Coaching & Skills Training

Employer Engagement & Workplace Modifications



Rebound Pro: Empowering Resilience, Restoring Careers

Assessment Tools



Evaluation of Functional Capacity Evaluation (FCE) Report: Measures physical ability to perform work tasks



Work Samples and Simulations: Assesses practical job skills



Vocational Interest Inventories: Identifies career preferences and strengths



Labor Market Analysis: Determines job availability and suitable roles



Psychological Assessments: Evaluates cognitive and emotional readiness for work venter out



Transferable Skills Analysis: Identifies skills applicable to new job opportunities

Leveraging AI to Drive Outcomes

Faster MMI

Faster Return to Work

Lowest Cost

Injured Worker

Client/Employer

Benefits

Injured Worker Satisfaction

Improved Closure Ratios
Minimize TTD

Reduction of Overall
Medical Spend

SmartMatch™ Physical Medicine Experts

SmartMatch technologies uses AI to determine the best Physical Medicine provider for each individual Injured Worker in the area in which they are treating.

Performance of Provider

Utilization Outcomes vs Expected Guideline

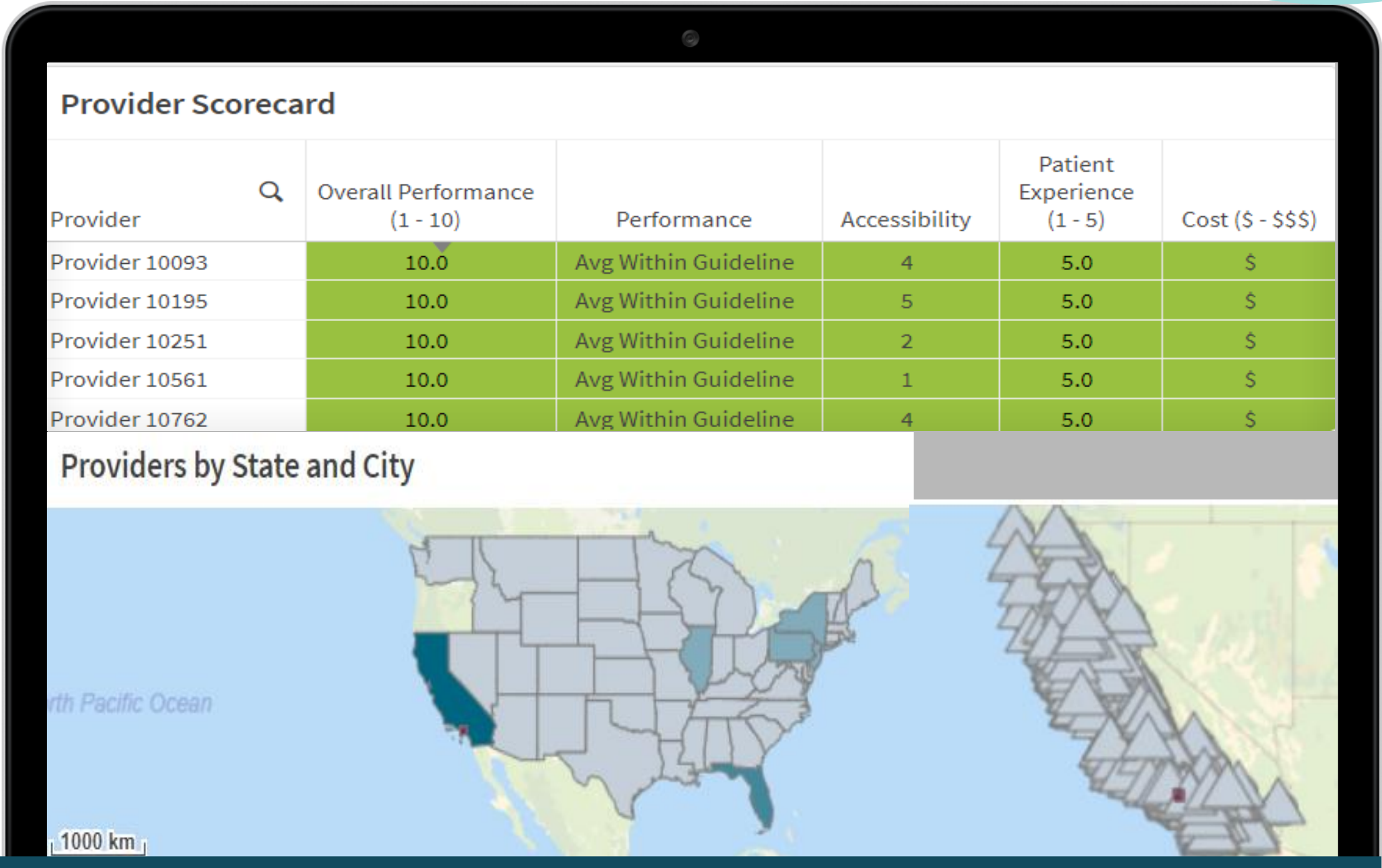
Accessibility of Provider

Ability to get the Injured Worker into Treatment within X Days from Referral

Cost of Provider

Patient Satisfaction

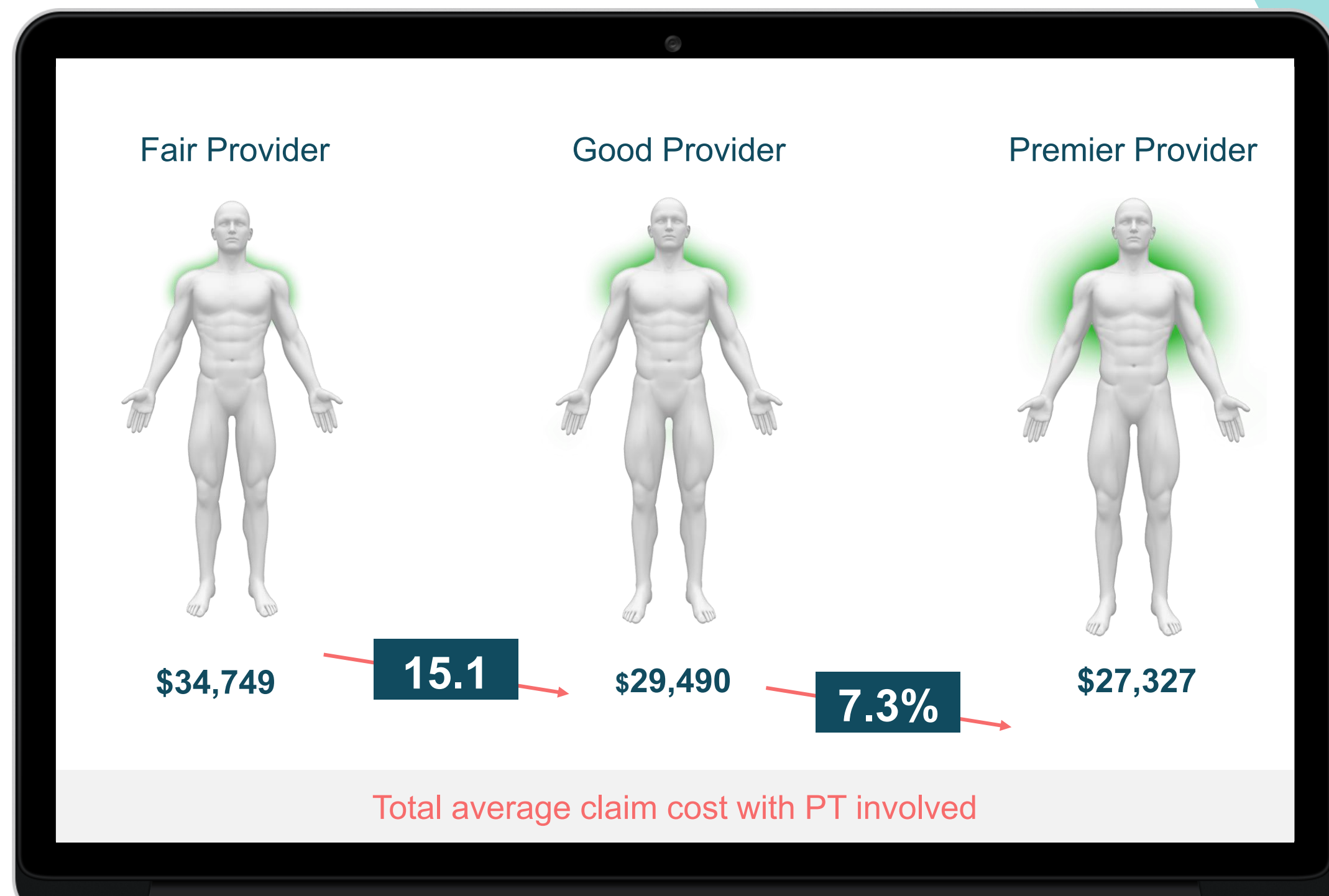
Outcomes Metrics, Provider Satisfaction Surveys.



Claim Cost Results

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Strong results in the PT world when optimizing care direction

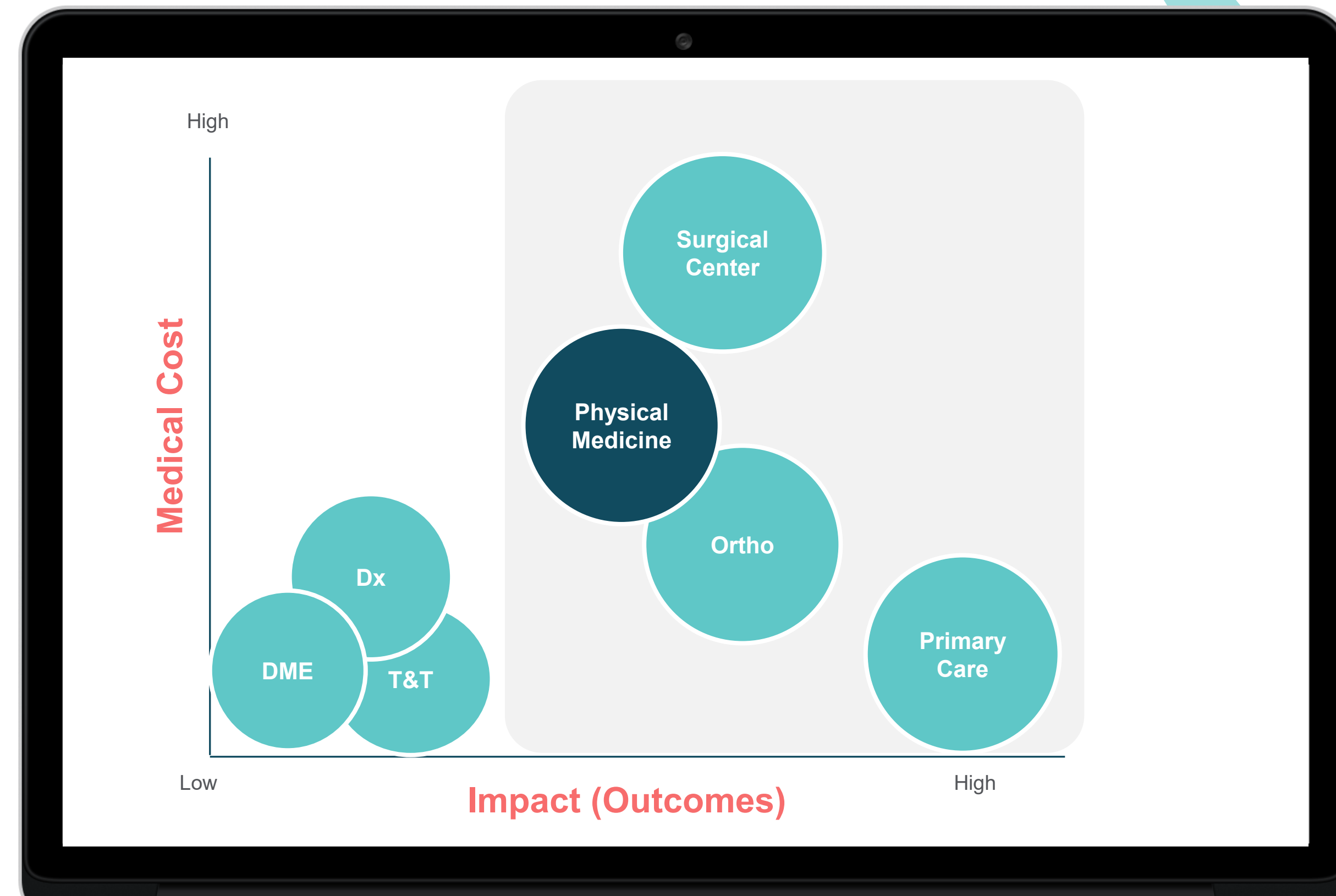


Future Use Expansion of Care Direction

Physical Medicine makes up 12-15% of Medical Spend

DME, T&T, and Dx makes up 6-12% of Medical Spend

73%+ of Medical Spend currently unmanaged by Insights Driven Care Direction



A stylized illustration of a city skyline. The buildings are represented by vertical rectangles of varying heights and widths, colored in shades of blue and white. Some buildings have small, pointed roofs. The background is a solid light blue. The overall style is modern and minimalist.

Florida Workers' Compensation Uniform Medical Treatment/Status Reporting Form - PAGE 1

Medical Provider Education

Work Restrictions

Florida Workers' Compensation Uniform Medical Treatment/Status Reporting Form - PAGE 2

Patient Name:

D/A: / /

Visit/Review Date: / /

SECTION IV

FUNCTIONAL LIMITATIONS AND RESTRICTIONS

Assignment of limitations or restrictions must be based upon the injured employee's specific clinical dysfunction or status related to the work injury. However, the presence of objective relevant medical findings does not necessarily equate to an automatic limitation or restriction in function.

☐ 21. No functional limitations identified or restrictions prescribed as of the following date: / / .

☐ 22. The injured workers' functional limitations and restrictions, identified in detail below, are of such severity that he/she cannot perform activities, even at a sedentary level (e.g. hospitalization, cognitive impairment, infection, contagion), as of the following date: / / . Use additional sheet if needed.

☐ 23. The injured worker may return to activities so long as he/she adheres to the functional limitations and restrictions identified below. Identify ONLY those functional activities that have specific limitations and restrictions for this patient. Identify joint and/or body part . Use additional sheet if needed.

Functional Activity	Load	Frequency & Duration	ROM/ Position & Other Parameters
☐ Bend			
☐ Carry			
☐ Climb			
☐ Grasp			
☐ Kneel			
☐ Lift-floor > waist			
☐ Lift-waist>overhead			
☐ Pull			
☐ Push			
☐ Reach -- overhead			
☐ Sit			
☐ Squat			
☐ Stand			
☐ Twist			
☐ Walk			
☐ Other			

COMMENTS:

Other choices: Skin Contact/ Exposure; Sensory; Hand Dexterity; Cognitive; Crawl; Vision; Drive/Operate Heavy Equipment; Environmental Conditions: heat, cold, working at heights, vibration; Auditory; Specific Job Task(s); etc.

NOTE: Any functional limitations or restrictions assigned above apply to both on and off the job activities, and are in effect until the next scheduled appointment unless otherwise noted or modified prior to the appointment date.

Specify those functional limitations and restrictions, in Item 23, which are permanent if MMI / PIR have been assigned in Item 24.

SECTION V

MAXIMUM MEDICAL IMPROVEMENT / PERMANENT IMPAIRMENT RATING

24. Patient has achieved maximum medical improvement?

☐ a) YES, Date: / /

☐ b) NO

☐ c) Anticipated MMI date: / /

☐ d) Anticipated MMI date cannot be determined at this time. Future Medical Care Anticipated: ☐ e) YES ☐ f) No

☐ Comments:

25. % Permanent Impairment Rating (body as a whole) Body part/system:

26. Guide used for calculation of Permanent Impairment Rating (based on date of accident - see instructions):
☐ a) 1996 FL Uniform PIR Schedule ☐ b) Other, specify:

27. Is a residual clinical dysfunction or residual functional loss anticipated for the work-related injury?
☐ a) YES ☐ b) NO ☐ c) Undetermined at this time.

SECTION VI

FOLLOW-UP

28. Next Scheduled Appointment Date & Time: / / : .m.

SECTION VII

ATTESTATION STATEMENT

"As the Physician, I hereby attest that all responses herein have been made, in accordance with the instructions as part of this form, to a reasonable degree of medical certainty based on objective relevant medical findings, are consistent with my medical documentation regarding this patient, and have been shared with the patient."

Physician Group: Date: / /

Physician Signature: Physician DOH License #: Physician Name: (print name) Physician Specialty:

If any direct billable services for this visit were rendered by a provider other than a physician, please complete sections below:

"I hereby attest that all responses herein relating to services I rendered have been made, in accordance with the instructions as part of this form, to a reasonable degree of medical certainty based on objective relevant medical findings, are consistent with my medical documentation regarding this patient, and have been shared with the patient."

Provider Signature: Provider DOH License #: Provider Name: (print name) Date: / /

Form DFS-F5-DWC-25 (revised 1/31/2008)

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Rebound Pro: Empowering Resilience, Restoring Careers

Outcome Measures



Percentage of employees returning to work within 6 months



Reduction in disability claims



Job retention rate after 1 year



Cost savings per case



Employee satisfaction with accommodations



